



# Tisbury School Breakfast Menu













## March 2020

Breakfast served daily from 8:00am - 8:10am

Healthy snacks are available in the cafeteria

Gluten free equivalents offered on all menu items, upon request

Alternative: We will be offering an alternative lunch for all grades with vegetables, fruit and milk

| Monday, March 2   | Tuesday, March 3   | Wednesday, March 4   | Thursday, March 5  | Friday, March 6   |
|---|--|--|--|---|
| <b>Granola</b><br>Yogurt<br>Banana<br>Milk<br>   | <b>Scrambled Eggs and Toast</b><br>Fresh Fruit<br>Milk   | <b>Bacon, Egg and Cheese on English Muffin</b><br>Oranges<br>Milk  | <b>Pancakes</b><br>Scrambled Eggs<br>Blueberries<br>Milk   | <b>Bagels w/ Cream Cheese</b><br>Sausages<br>Pears<br>Milk<br>                           |
| <b>Monday, March 9</b><br><b>Apple Cranberry Oatmeal</b><br>Yogurt<br>Banana<br>Milk<br>   | <b>Tuesday, March 10</b><br><b>Sausage, Egg and Cheese On a Biscuit</b><br>Grapes<br>Milk<br>   | <b>Wednesday, March 11</b><br><b>Cold Cereal</b><br>Yogurt<br>Oranges<br>Milk<br><br><b>PROFESSIONAL DEVELOPMENT DAY - NOON DISMISSAL</b> | <b>Thursday, March 12</b><br><b>Ham, Egg and Spinach Pie</b><br>Pear Halves<br>Milk<br><b>½ DAY- NOON DISMISSAL</b><br> | <b>Friday, March 13</b><br><b>French Toast</b><br>Sausages<br>Strawberries<br>Milk<br>   |
| <b>Monday, March 16</b><br><b>Blueberry Muffins</b><br>Scrambled Eggs<br>Fresh Fruit<br>Milk<br><b>½ DAY- NOON DISMISSAL</b><br> | <b>Tuesday, March 17</b><br><b>Scrambled Eggs</b><br>Home Fries<br>Apple Slices<br>Milk  | <b>Wednesday, March 18</b><br><b>Bacon, Egg and Cheese on Croissant</b><br>Peaches<br>Milk<br><b>½ DAY- NOON DISMISSAL</b>   | <b>Thursday, March 19</b><br><b>Pancakes</b><br>Sausage<br>Peaches<br>Milk   | <b>Friday, March 20</b><br><b>Zucchini Bread</b><br>Scrambled Eggs<br>Grapes<br>Milk  |
| <b>Monday, March 23</b><br><b>Bagels w/ Cream Cheese</b><br>Sausages<br>Pears<br>Milk<br>                                      | <b>Tuesday, March 24</b><br><b>Scrambled Eggs and Toast</b><br>Fresh Fruit<br>Milk   | <b>Wednesday, March 25</b><br><b>Breakfast Burrito</b><br>Salsa<br>Peaches<br>Milk   | <b>Thursday, March 26</b><br><b>Granola</b><br>Yogurt<br>Blueberries<br>Milk<br>                                      | <b>Friday, March 27</b><br><b>French Toast</b><br>Sausages<br>Strawberries<br>Milk<br> |
| <b>Monday, March 30</b><br><b>Bagels w/ Cream Cheese</b><br>Sausages<br>Pears<br>Milk<br>                                      | <b>Tuesday, March 31</b><br><b>Sausage, Egg and Cheese On a Biscuit</b><br>Grapes<br>Milk<br> | <b>Wednesday, April 1</b><br><b>Cold Cereal</b><br>Yogurt<br>Oranges<br>Milk<br>  | <b>Thursday, April 2</b><br><b>Scrambled Eggs and Toast</b><br>Fresh Fruit<br>Milk   | <b>Friday, April 3</b><br><b>Oatmeal w/Toppings</b><br>Yogurt<br>Banana<br>Milk<br>    |